

COMMIT TO SAFE ANTIBIOTIC USE!

We have partnered with Health Quality Innovators, Virginia Department of Health, Virginia Hospital & Healthcare Association and the Medical Society of Virginia to reduce antibiotic resistance.

Important information about antibiotics:

Antibiotics only fight infections caused by bacteria.

Antibiotics will NOT help you feel better if you have a viral infection such as:

- Cold or runny nose
- Bronchitis or chest cold
- Most sinusitis
- Flu

If you take antibiotics when you don't really need them, they can cause more harm than good:

- You might feel worse.
- You can get diarrhea, rashes, or yeast infections.
- Taking antibiotics when you **DON'T** need them could mean that they will not work the next time you **DO** need them. Every time antibiotics are in your body, bacteria have a chance to develop a resistance to them.

As a patient, you can:

- Tell your doctor you want an antibiotic only if it is really necessary.
- Ask about other treatment options to feel better and get relief from your symptoms.
- Follow the treatment plan discussed with your doctor.

As your healthcare providers we pledge to give you the best care possible. We will avoid prescribing antibiotics when they might do more harm than good.

We are committed to Safe Antibiotic Use.

Antibiotic Stewardship Champion

If you have any questions, please ask your doctor, nurse or pharmacist.

For additional information, visit:
<https://www.cdc.gov/getsmart/community/>



Take only as
directed

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